# **Connecticut Caregiver Support Groups**

## NORTH CENTRAL REGION

Organization	Address/Phone	<b>Contact Person</b>	Support Group Info.
Avon Public Library	281 Country Club Road 2 <sup>nd</sup> Floor, History Room Avon, CT (860) 677-2155 or (860) 678-7500	Ron Bowen, Janeen Dolan or Jennifer Labrie	Meets on the 4 <sup>th</sup> Thursday of the month @ 7:00 pm: Alzheimer's Support Group
Arden Court of Avon	100 Fisher Drive Avon, CT (860) 678-7500	Sandi Hart	Meets on the 3 <sup>rd</sup> Wednesday of the month from 3-4:30 pm. Alzheimer's Support Group
Bloomfield Health Care Center		Barbara Jackson	Meets on the 2 <sup>nd</sup> Friday of the month @ 6:30 pm: Alzheimer's Support Group
Bristol Hospital – Ingraham Adult Day Care	Brewster Road Bristol, CT 06011 (860) 585-3269	Karen Cornell, Facilitator	Meets on the 1 <sup>st</sup> Monday of the month @ 6:00 pm
Countryside Manor of Bristol	1660 Stafford Avenue Bristol, CT (860) 583-8483	Diana Maciag	Meets 1 <sup>st</sup> Thursday of the month @ 3:00 pm Alzheimer's Support Group
Ingraham Manor Adult Day Center	400 North Main St. Bristol, CT (860) 585-3269	Karen Cornell	Meets on the 1 <sup>st</sup> Monday of the month @ 6:00 pm. Alzheimer's Support Group
East Hartford VNA	111 Founders Plaza Suite 200 East Hartford, CT (860) 528-2273	Marie Roman & Vicky Hewey	Meets on 1 <sup>st</sup> Wednesday of the month from 7-8:30 pm Alzheimer's Support Group
Riverside Health Care	745 Main Street East Hartford, CT (860) 289-2791 x370	Gina Kastrup	Meets on the 2 <sup>nd</sup> Tuesday of the month from 10:30-11:30 pm. Alzheimer's Support Group
Enfield Adult Day Care Center		Paula Vaicekauskas, Director	Meets every 3 <sup>rd</sup> Wednesday of the month at 9:30am
Parkway Pavilion	1157 Enfield Street Enfield, CT (860) 745-1641 ext 18	Rosanne Lemkey	Meets on 4 <sup>th</sup> Thursday of the month @ 6:30 pm. Alzheimer's Support Group
Arden Courts – Farmington Human Services	45 South Road Farmington, CT (860) 675-2390	Theresa Nygren & Gail Yaffee, Facilitators	Meets on 2 <sup>nd</sup> Tuesday of the month @ 6:30 pm
Town of Farmington	One Monteith Drive Farmington, CT (860) 675-2390	www.farmington-ct.org	Meets on the 3 <sup>rd</sup> Tuesday of the month @ 6:30 pm.
Buckingham Estates Memory Care Community	1824 Manchester Road Glastonbury, CT (860) 647-1695	Kevin Horan	Meets on the 3 <sup>rd</sup> Thursday of the month from 6-7:00 pm. Alzheimer's Support Group
H. T. Clark House	45 Canione Road Glastonbury, CT (860) 652-7652	Susan Strayer & Carolyn Bountress, Facilitators	Meets on 1st Tuesday of the month @ 9:00 am
Mountain Laurel Gardens	1177 Hebron Avenue Glastonbury, CT (860) 652-3444	Dawn Anderson	Meets on the 1 <sup>st</sup> Wednesday of The month from 6-7:30 pm. Alzheimer's Support Group
Town of Glastonbury Senior Services	300 Welles Street Riverfront Community Center Glastonbury, CT	www.glastonbury-ct.gov/	Meets on the 3 <sup>rd</sup> Tuesday of the Month @ 10:00 am. Care Recipient must be 60+

	(860) 652-7652		
Immanuel House	15 Woodland St. Hartford, CT (860) 528-4228 ext 20	Deborah Wyrick, Facilitator	
Institute of Living Geriatric Ambulatory Program	400 Washington Street	Carol Raza and Alice Reilly	Meets on the 1 <sup>st</sup> Tuesday Of the month from 5 – 6:30 pm Alzheimer's Support Group
Park Place Health Center	5 Greenwood Street Hartford, CT (860) 871-5454 x13	Howard Dickstein	Meets on the 4 <sup>th</sup> Thursday of the month from 6-7:30 pm. Alzheimer's Support Group
Rawson Elementary	260 Holcomb Street Hartford, CT (860) 695-4840	Kendra Bland	Meets on the last Friday of the Month @ 10:00 am (from Sept- June). Alzheimer's Support Gro
Russell Mercier Senior Center	14 Stonecroft Drive Hebron, CT (860) 228-1700	Laurie Gronski, Facilitator www.hebronct.com	Meets on 4 <sup>th</sup> Friday of the month @ 10:00 am.
Alzheimer's Association	279 New Britain Road Suite 5 Kensington, CT (860) 828-2828	www.alz.org/ct	Call for schedule.
Manchester Senior Center	549 East Middle Tpke Manchester, CT (860) 647-3211 or (860) 647-3270	Sue Bernstein, Facilitator seniorcenter.townof manchester.org	Groups day & evening
Crestfield Rehabilitation Center/Fenwood Manor	565 Vernon Street Manchester, CT (860) 643-5151	Karla Vince and Ann Marie Jones	Meets on the 2 <sup>nd</sup> Thursday of the month @ 2:30 pm Alzheimer's Support Group
Westside Care Center	349 Bidwell Street Manchester, CT (860) 647-9191	Patty Rodriguez	Meets on the last Thursday of the month from 5-6:00 pm. Alzheimer's Support Group
Andrew House Healthcare	66 Clinic Drive New Britain, CT (860) 225-8608	Kathy Mulrooney	Meets on the 4 <sup>th</sup> Tuesday of the month @ 3:30 pm Alzheimer's Support Group
Arbor Rose at Jerome Home	975 Corbin Avenue New Britain, CT (860) 229-3707	Katie Mauriello www.jeromehome.org	Meets on the 3 <sup>rd</sup> Tuesday of the Month from 6:30-8:00 pm Alzheimer's Support Group
Brittany Farms Health Center	400 Brittany Farms Road New Britain, CT (860) 302-8272	Amy Borkowski	Meets on the 1 <sup>st</sup> Thursday of the Month from 6:30-8:00 pm Alzheimer's Support Group
Newington Senior and Disabled Center	120 Cedar Street Newington, CT (860) 667-5831	Terri Snyder & Eleanor Eichner, Facilitators	Meets on the 2 <sup>nd</sup> Tuesday of the month @ 1:30 pm
Newington Healthcare Center	240 Church Street Newington, CT (860) 667-2256	Jessica Russell	Meets on the 1 <sup>st</sup> Monday of the month @ 6:30 pm. Alzheimer's Support Group
Plainville Senior Center	200 East Street Plainville, CT (860) 747-5728	Bette Smith  plainvilleseniorctr@snet.net	Meets on the 3 <sup>rd</sup> Thursday of the month from 2– 3:30 pm - Alzheimer's Support Group; & 3 <sup>rd</sup> Tuesday @ 1:00 pm
Alzheimer's Resource Center of Connecticut	1261 South Main Street Plantsville, CT (860) 628-9000	Jennifer D'Eugenio or Irene Delahunty	Meets every Tuesday @ 6:00 pm For daughter's support group. Othergroup meets every Thursd @ 10:00 am. Alzheimer's Support Group
Mulberry Gardens of Southington	58 Mulberry Street Plantsville, CT (860) 276-1020	Jennifer Doty Lori Spencer dotyj@mulberrygardens.org spencerl@mulberrygardens.	Meets on the 2 <sup>nd</sup> Tuesday of the Month @ 6:30 pm. Alzheimer's Support Group
Atria Greenridge Place	One Elizabeth Court	Carol Sheltra	Meets on the 3 <sup>rd</sup> Thursday of

	Rocky Hill, CT	T	the month from 6 7,00 pm
			the month from 6-7:00 pm.
The Atmisses	(860) 257-0000 x102 1160 Elm Street	Donna Fuoco	Alzheimer's Support Group  Meets on the 2 <sup>nd</sup> Thursday of
The Atrium		Donna Fuoco	
	Rocky Hill, CT		the month @ 6:30 pm.
D ': . D 1 11'11	(860) 563-5588	x 1 24	Alzheimer's Support Group
Emeritus at Rocky Hill	60 Cold Springs Road	Jody Moroni	Meets on the 4 <sup>th</sup> Thursday of
	Rocky Hill, CT		the month @ 6:00 pm.
	(860) 257-3820		Alzheimer's Support Group
Rocky Hill Skilled Nursing &	60 West Street	Judy Telesmanick	Meets on the 3 <sup>rd</sup> Wednesday of
Rehabilitation Center	Rocky Hill,	budy Telesmaniek	the month from 6-8:00 pm.
Renabilitation Center	(860) 529-2521		Alzheimer's Support Group
Farmington Valley VNA	8 Old Mill Lane	imuir@farmingtonvallevvna	Meets on the 3 <sup>rd</sup> Thursday of the
rainington valley viva	Simsbury, CT	org	month @ 4:00 pm at the
	(860) 651-3539	. <u>.018</u>	Simsbury Senior Center
McLean Home	75 Great Pond Road	Diane Thurston	Meets on the last Monday of
WCLean Home	Simsbury, CT	Diane mursion	the month @ 1:30 pm.
	(860) 658-3913		Alzheimer's Support Group
Courth Mindson Conion Conton		Irono Donoon	
South Windsor Senior Center	150 Nevers Road	Irene Deneen, Facilitator	Meets on 1st Wednesday of
	South Windsor, CT		the month @ 1:00 pm
Emeritus Senior Living	(860) 648-6361 ext 319	www.southwindsor.org Maeve Toombs	Meets on the 3 <sup>rd</sup> Wednesday
Emeritus Senior Living		Maeve roombs	
	South Windsor, CT		of the month @ 6:30 pm
77'll + D 11 10 +	(860) 644-4408	P : 0 :	Alzheimer's Support Group
Village at Buckland Court	432 Buckland Road	Bonnie Quinn	Meets on the 2 <sup>nd</sup> Wednesday of
	South Windsor, CT		the month @ 6:30 pm.
	(860) 644-7366		Alzheimer's Support Group
Mulberry Gardens of	58 Mulberry Street	Jennifer Doty or	Meets on the 2 <sup>nd</sup> Tuesday of the
Southington	Southington, CT	Lori Spencer	month @ 6:30 pm. Free respite
Southington	(860) 276-1020	dotyj@mulberrygardens.org	Alzheimer's Support Group
	(800) 2/0-1020	spencerl@mulberrygardens.org	Aizheimer's Support Group
Grace United	45 Pleasant Street	Amy Borkowski	Meets on the 1st Monday of the
Methodist Church	Southington, CT	Allly Borkowski	Month from 6:30-8:00 pm.
Methodist Church	(860) 302-8272		Alzheimer's Support Group
The Orchards at Southington	34 Hobart Street		Contact Resident
The Orchards at Southington	Southington, CT		Services
	(860) 628-5656		Services
Southington Care Center	45 Meriden Ave.	Mary Klingerman,	Meets on the 3 <sup>rd</sup> Monday of
Southington Care Center	Southington, CT	Facilitator	the month @ 3:30 pm
	(860) 621-9559	racilitatoi	the month @ 3.30 pm
Evergreen Health Care	205 Chestnut Hill Road	Jennifer Kulas	Meets on the 3 <sup>rd</sup> Tuesday
2.018.0011110111111111111	Stafford Springs, CT		of the month @ 5:00 pm
	(860) 684-8711		Alzheimer's Support Group
	(= 3-)   3/22		
VNHS Adult Day Center	26 Shenipsit Lake Road	Marylou Geraghty	Meets on the 3 <sup>rd</sup> Wednesday
Woodlake at Tolland	Tolland, CT	, ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,	of the month 10 – 11:30 am
	(860) 870-7203		Alzheimer's Support Group
Farmington Senior Center	321 New Britain Avenue	Nancy Parent	Meets on the 3 <sup>rd</sup> Tuesday of the
	Unionville, CT		month from 3-4:00 pm.
	(860) 675-2390		Alzheimer's Support Group
	0.77		7
Visiting Nurse and Health	8 Keynote Drive	Karla vince	Meets on the 3 <sup>rd</sup> Wednesday
Services of CT	Vernon, CT	Amy Mosher	Of the month from 9:30-11:30
	(860) 872-9163		am. Alzheimer's Support Group
Hebrew Health Care	1 Abrahms Blvd	Pam Atwood,	Meets on the 1st Thursday
HOMEW HEARIN CARE	West Hartford, CT	patwood@hebrewhealthcare	of the month from 2:15-3:45 pm
	(860) 523-3962 or	_	Alzheimer's Support Group
	(860) 523-3962	.org Melissa Sokol	And the state of t
Saint Mary Home	2021 Albany Avenue	Eileen Cleary, RN	Meets on 2 <sup>nd</sup> Thursday @ 2:00
Daille Mary Hollic	2021 ADAILY AVEILUE		
•	West Hartford, CT	ecleary.smh@mchct.org	pm. Spousal Alzheimer's

			Support Group
Saint Mary Home	2021 Albany Avenue	Eileen Cleary, RN	Meets on 2 <sup>nd</sup> Thursday @ 4:30
	West Hartford, CT	ecleary.smh@mchct.org	Pm. Caregiver Support Group.
Sunrise Assisted Living	22 Simsbury Road	Sarah Scandura,	Meets on the 1st Monday
	West Hartford, CT (860) 523-9899	Cyndee Goodwin or Barry Marino	of the month @ 5:00 pm
West Hartford Senior Center	50 South Main Street West Hartford, CT (860) 523-3800	Pam Atwood	Meets on the 2 <sup>nd</sup> Monday of the month from 5:30 – 7:00 pm Alzheimer's Support Group for early onset
Town of West Hartford	50 South Main Street Room 306 West Hartford, CT (860) 561-7561	www.westhartford.org	Meets on the 4 <sup>th</sup> Thursday of the month @ 3:00 pm at the Elmwood Senior Center.
Golden Care Adult Day Center	370 Silas Dean Highway Wethersfield, CT (860) 529-4551	Su Stanton	Meets on the 3 <sup>rd</sup> Monday of the month @ 10:30 am Alzheimer's Support Group
Mediplex of Wethersfield	341 Jordan Lane Wethersfield, CT (860) 529-1466	Mary Ann Thompson Joe Botticello	Meets on 1 <sup>st</sup> & 3 <sup>rd</sup> Monday of The month @ 6:30 pm Alzheimer's Support Group
Kimberly Hall North	One Emerson Drive North Building Windsor, CT (860) 688-6443	Kate Bartelmo	Meets on 2 <sup>nd</sup> Thursday of the month from 6-7:00 pm Alzheimer's Support Group
Adult Children Caregiver Support Group – First Church of Windsor	107 Palisado Avenue Windsor, CT (860) 688-4918	Sherri Bernier	Meets on 4 <sup>th</sup> Thursday of the Month @ 6:30 pm Alzheimer's Support Group
Town of Windsor/	599 Matianuck Ave.	Peg Dagsher	Meets on the 3 <sup>rd</sup> Tuesday
L. P. Wilson Community Ctr	L.P. Wilson Comm. Ctr	www.townofwindsorct.com/	of the month from 6-7:30 pm
, , ,	Windsor, CT (860) 285-1839	socialservices	Sept June

#### **EASTERN REGION**

Organization	Address/Phone	<b>Contact Person</b>	<b>Support Group Info.</b>
Harrington Court Healthcare	59 Harrington Court	Karen Gattison	Meets on the 1st Saturday of the
	Colchester, CT		month @ 11:00 am.
	(860) 447-1416		Alzheimer's Support Group
Liberty Specialty Care Center	36 Broadway	www.applehealthcare.com/lib	Call for schedule. For relatives
	Colchester, CT		& friends considering NH
	(860) 537-4606		placement of loved one.
Pasttimes Adult Day Center	423 Main Street		Meets on the 3 <sup>rd</sup> Wednesday
-	Deep River, CT		of the month @ 9:30 am.
	(860) 526-4342		
Congregational Church	8 Church Road	Bev Lindemann	Meets on the 3rdThursday of
Of Eastford	Eastford, CT		the month @ 7:30 pm.
	(860) 974-1945		Alzheimer's Support Group
East Lyme Library	39 Society Road	Deb Kozisek	Meets on the 2 <sup>nd</sup> Thursday of
	East Lyme, CT		the month from 4:30-6:30 pm.
	(860) 536-5601 x24		Alzheimer's Support Group
Groton Senior Center	102 Newtown Road	Marion Donato	Meets @ 6:30 pm.
	Groton, CT		Call for specific dates.
	(860) 887-3561		-
Groton Public Library	52 Newtown Road	Deb Kozisek	Meets on the 1st Tuesday of the
	Groton, CT		month from 4:00-5:30 pm
	(860) 536-5601 x24		Alzheimer's Support Group
Ledyard Senior Center	112 Van Tassel Drive	Rose Levine or	Meets on the 2 <sup>nd</sup> Saturday of

	Ladward CT	Ctoor Choria	the month @ 10100 meen
	Ledyard, CT (860) 887-3593	Stacy Chavis	the month @ 12:00 noon. Alzheimer's Support Group
Mansfield Senior Center	303 Maple Road Mansfield, CT (860) 429-0262 x102	Patricia Richardson richardsonp@mansfieldct.org	Meets on the 2 <sup>nd</sup> Friday of the Month @ 10:00 am. Alzheimer's Support Group
The Day Club	33 Minor Street Middletown, CT (860) 632-1119	Carrie Hopkins or Brenda Lopes dayclub@comcast.net	Meets on the last Monday of the month @ 6:00 pm. Alzheimer's Support Group
Harbor Hill Care Center	111 Church Street Middletown, CT (860) 347-7286	Michele Ambruso-Turf & Deborah Pituzello	Meets every Wednesday @ 2:00 pm. Alzheimer's Support Group
Middlesex Hospital Caregiver Support Group	Conference Room B 28 Crescent Street Middletown, CT (860) 358-6358	Mary-Caryl Goff mary-caryl_goff@midhosp.org	Meets on the 1 <sup>st</sup> Tuesday of the month @ 12:00 pm
Village at South Farms	645 Saybrook Road Middletown, CT (860) 344-8788	Cathy Pisarz	Meets on the 1 <sup>st</sup> Tuesday of the month @ 3:00 pm. Alzheimer's Support Group
Water's Edge Center for Health & Rehab	111 Church Street Middletown, CT (860) 347-7286	Kathleen Kaliscak	Meets on the 2 <sup>nd</sup> Wednesday of the month @ 2:00 pm. Alzheimer's Support Group
Montville Senior Center	12 Maple Avenue Montville, CT (860) 447-1416	Judy Danao	Meets on the 1 <sup>st</sup> Thursday of the month @ 10:00 am. Alzheimer's Support Group
Chestelm Health & Rehab	534 Town Street Moodus, CT (860) 873-1455	Candice Nero	Meets on the 2 <sup>nd</sup> Wednesday of the month @ 7:00 pm. Alzheimer's Support Group
Stoneridge	186 Jerry Browne Road Mystic, CT (860) 245-0820	Rose Levine	Meets on the 2 <sup>nd</sup> Saturday of The month @ 12:00 noon. Alzheimer's support Group
The Cottage at Avalon	186 Jerry Browne Road Mystic, CT (860) 245-0820	Rose Levine	Meets on the 3 <sup>rd</sup> Wednesday Of the month @ 4:30 pm Alzheimer's Support Group
Lawrence & Memorial Hospita	365 Montauk Avenue New London, CT (860) 442-0711 x2483	Carol Vara or Verna Swann	Meets on the 1 <sup>st</sup> Tuesday of the month @ 4:00 pm
Disabilities Network of Eastern Connecticut	238 West Town Street Norwich, CT (860) 823-1898	dnec@dnec.org	Call for schedule and to register
Hospice of Southeastern CT	227 Dunham Street Norwich, CT (860) 848-5699	hospice@hospicesect.org	Meets on the 3 <sup>rd</sup> Wednesday of the month @ 6:00 pm at the Mystic/Noank Library & 1 <sup>st</sup> Thursday of month @ 6:00 pm at Hospice S.E. CT
Ross Adult Day Care	165 McKinley Avenue Norwich, CT (860) 889-1252	Amy Merchant & Jane Davis amerchant@ucfs.org	Meets on the 2 <sup>nd</sup> Wednesday of the month @ 4:00 pm. Alzheimer's Support Group
Ross Adult Day Care	165 McKinley Avenue Norwich, CT 06360 (860) 887-3561 x124	Marion Donato mdonato@seniorresourcesec.c	Meets on the last Tuesday of th month from 2 – 3:30 pm. Caregiver Support group
Estuary Council of Seniors	220 Main Street Old Saybrook, CT (860) 388-4455	Molly DeWeese mdeweese@vna-commh.org	Meets on the 4 <sup>th</sup> Thursday of th month from 1-2:30 pm. Dementia Support Group
St. Mary's Parish Center	15 Marshall Street Putnam, CT	Kathy Demers, APRN	Meets on the 2 <sup>nd</sup> Thursday of the month from 1:30-2:30 pm

	(860) 779-9270		
Day Kimball Hospital – Field Conference Center	320 Pomfret Street Putnam, CT (860) 774-8070	Elaine Turner, RN www.daykimball.org	Meets on the 2 <sup>nd</sup> Tuesday of the month @ 7:00 pm Alzheimer's Support Group
Hospice Southeastern CT	227 Dunham Street Norwich, CT 06360 (860) 848-5699	Jessica Sellens. MSW	Meets everye 3 <sup>rd</sup> Wednesday Of the month from 6 – 7:30 pm @ Mystic Noank Library
Hospice of Southeastern CT	179 Gallivan Lane Uncasville, CT (860) 848-5699	Rose Levine	Meets on the 2 <sup>nd</sup> & 4 <sup>th</sup> Monday of the month @ 10:30 am
Waterford Senior Services	24 Rope Ferry Road Waterford, CT (860) 447-1416	Judy Danao www.waterfordct.org	Meets on the 2 <sup>nd</sup> Thursday of the month @ 10:00 am. Alzheimer's Support Group
Westerly Adult Day Center (serves Pawcatuck/Stoningtor and Mystic area)	65 Wells Street Westerly, R.I. (401) 596-1336	Karen Hawthorne	Meets on the 2 <sup>nd</sup> Tuesday of the month @ 7:00 pm. Alzheimer's Support Group
Congregational Church of Eastford	199 Valley Street Willimantic, CT (860) 608-8772	Patti Massa	Meets on the last Tuesday of The month from 7 – 8:00 pm. Alzheimer's Support Group

### WESTERN REGION

Organization	Address/Phone	Contact Person	Support Group Info.
First Congregational Church	21 Main Street South Bethlehem, CT (203) 264-9135	Edie Hardwick	Meets on the 4 <sup>th</sup> Monday of the month. Alzheimer's Support Group
The Village at Brookfield Common	246A Federal Road Brookfield, CT (203) 775-8696 x16	Karen Sion	Meets on the 1 <sup>st</sup> Friday of the Month @ 3:30 pm
Geer Adult Day Center	83 South Canaan Road Canaan, CT (860) 824-7067	Marsha Harvey mpetharvey@aol.com	Meets on the 2 <sup>nd</sup> Wednesday of the month @ 1:00 pm. Alzheimer's Support Group
Elim Park Baptist Home	140 Cook Hill Road Cheshire, CT (203) 272-3547 x138	Susan Laude	Meets on the last Wednesday of the month @ 6:30 pm. Alzheimer's Support Group
Cheshire Senior Center	240 Maple Avenue Cheshire, CT (203) 272-8030	Outreach Social Worker	Call for time and place.
Ann's Place, the Home of I Car Cancer Support Services	39 Old Ridgebury Road Suite 17 Danbury, CT (203) 790-6568	ican@annsplace.org	Meets on the 1 <sup>st</sup> & 3 <sup>rd</sup> Wednesday of the month.
Danbury Health Care Center	107 Osborne Street Danbury, CT (203) 792-8102	Evy Brescia ebrescia@danburyhcc.com	Meets on the 1 <sup>st</sup> Thursday of the month from 4:30-6:00 pm. Alzheimer's Support Group
Maplewood at Danbury	22 Hospital Avenue Danbury, CT (203) 744-8444	Neena Finch neena@maplewoodat danbury.com	Meets on the 2 <sup>nd</sup> & 4 <sup>th</sup> Saturday of the month @ 9:30 am. Alzheimer's Support Group
The Kent Specialty Care Facility	46 Maple Street Kent, CT (860) 927-5368	Anne Runquist runquist@sbcglobal.net	Meets on the 3 <sup>rd</sup> Saturday of the month @ 12:00
Brandywine Assisted Living At Litchfield	19 Constitution Way Litchfield, CT (860) 525-5398	Nancy Aguilar & Carol Lenz	Meets on the 3 <sup>rd</sup> Monday of the month @ 3:30 pm. Alzheimer's Support Group

Morris Senior Center	109 East Street	Nancy Aquilar &	Meets on the 3 <sup>rd</sup> Monday of
Morris Semor Center		Carol Lenz	
	Morris, CT	Caroi Lenz	the month @ 3:30-5:00 pm.
G. 7.5 1 7.5 11 G	(860) 567-7437		Alzheimer's Support Group
St. Mary's Wellness Center	600 Rubber Avenue	Deborah Hennessy	Meets on the 1st & 3rd Saturday
	Naugatuck, CT		of the month from 1-3:00 pm.
	(203) 729-9802		Alzheimer's Support Group
	evenings		
Candlewood Valley Health	30 Park Lane East	Cindy LaCour &	Meets on the 1st Wednesday
& Rehabilitation	New Milford, CT	Kathy Mahr	of the month @ 12:00 noon.
	(860) 355-0971 or	or Carolyn DeRocco	Alzheimer's Support Group
	(203) 623-5407		
	-	_	
New Milford Community	40 Main Street	Carolyn DeRocco	Meets on the 4 <sup>th</sup> Wednesday of
Health & Wellness Center	Richmond Citizen Center		the month @ 1:00-2:30.
	New Milford, CT		Alzheimer's Support Group
	(860) 623-5407		
Masonicare at Newtown	139 Toddy Hill Road	Debbie Smeriglio	Meets on the 2 <sup>nd</sup> Tuesday of
	Newtown, CT	Carrie Effinger, MSW	The month from 1:30-2:30 pm
	(203) 364-3107		Alzheimer's Support Group
Ridgefield Crossings	640 Danbury Road	Terri Ramsey &	Meets on the 1st Thursday and
-	Ridgefield, CT	Megan Carriere	3 <sup>rd</sup> Thursday of the month @
	(203) 431-2255 or	tramsey@benchmarkquality	3:30 pm. Speakers
		<u>.com</u>	Alzheimer's Support Group
Sharon Hospital	50 Hospital Hill Road	www.sharonhospital.com	Meets on Wednesdays @ 10:30
-	Sharon, CT	_	am in the Behavioral Health
	(860) 364-4403		Out-patient Meeting Room
The Federation –	444 Main Street	Debby Horowitz &	Meets on the 2 <sup>nd</sup> Thursday of
Jewish Communities of	Southbury, CT	Edie Hardwick	The month @2:00 pm.
Western CT	(203) 267-3177 x105		Alzheimer's Support Group
Kensington Green of	655 Main Street	Joyce Weber	Meets on the 1st Monday of the
Southbury	Southbury, CT	Barbara Anderson	month @ 3:30 pm.
Southbury	(203) 264-3408	Barbara i inderson	Alzheimer's Support Group
Lutheran Home of Southbury	990 Main Street North	Edie Hardwick	Meets on the 3 <sup>rd</sup> Monday of the
Editieran Home of Southbury	Southbury, CT	Edic Hardwick	month @ 6:30 pm and the 1st
	(203) 264-9135		Wednesday @ 10:00 am.
	(203) 204 9133		Alzheimer's Support Group
Charlotte Hungerford	540 Litchfield Street	Karen Cornell	Meets on the 3 <sup>rd</sup> Wednesday
Hospital	Torrington, CT	Raren cornen	of the month @ 7:00 pm.
Hospital	(860) 585-3269		Alzheimer's Support Group
Summerville at Litchfield Hills	376 Goshen Road	Susan Patrick	Meets on the 3 <sup>rd</sup> Tuesday or
Summervine at Litemieia iiiii	Torrington, CT	Susan.patrick@sslusa.com	Thursday of the month @
	(860) 489-8022	Susan.patrick@ssiusa.com	6:00 pm. Alzheimer's Support
	(800) 409-8022		Group
Abbott Terrace Adult Day	44 Abbott Terrace	Laura Fasanelli	Meets on the 2 <sup>nd</sup> Tuesday of
Center	Waterbury, CT	Laura Fasanem	the month @ 3:00-4:00 pm.
Center			Alzheimer's Support Group
Enterprise Anartments	(203)755-4870	Joyaa Eyan	
<b>Enterprise Apartments</b>	13 Cherry Avenue	Joyce Evan	Meets on the 4 <sup>th</sup> Thursday of
	Waterbury, CT		the month @ 2:00-4:00 pm.
Hamald Lagreer Deet	(203) 755-2416		Alzheimer's Support Group
Harold Leever Regional	1075 Chase Parkway		Cancer Support Groups –
Cancer Center	Waterbury, CT		Call for time and place.
Danadian Harle C	(203) 575-5511	Zalvizavah I -+f	Moote on the and To. 1 C
Paradigm Health Center	177 Whitewood Road	Zakiyyah Lateef	Meets on the 2 <sup>nd</sup> Tuesday of
	Waterbury, CT		the month @ 2:00-3:00 pm.
77'll	(203) 757-9491		Alzheimer's Support Group
Village at East Farms	180 Scott Road	Randi Bellemare	Meets on the 1st Wednesday
	Waterbury, CT	Lisa Bugden	@ 6:00 pm. & the 3 <sup>rd</sup> Wed of
	(203) 757-7660	Fran Depillo	the month @ 2:00 pm. Respite
			available. Alz. Support Group
Wolcott View Manor	o D l- D J	Caroline Martin	Meets on the last Monday of
	50 Beach Road	Caronne Martin	
	Wolcott, CT (203) 879-8066 x241	Caronne Martin	the month from 6-7:00 pm. Alzheimer's Support Group

### **SOUTH WESTERN REGION**

Organization	Address/Phone	<b>Contact Person</b>	<b>Support Group Info.</b>
Jewish Family Service	2370 Park Avenue Bridgeport, CT (203) 366-5438	info@jfsct.org	Call for schedule. Russian, Yiddish & Hebrew spoken.
Greenwich Adult Day Center at Riverhouse	125 river Road Extension Cos Cob, CT (203) 622-0079	Jane Kramer	Meets every Tuesday from 11:00 -12:30 pm Alzheimer's Support Group
Greenwich Adult Day Center At Riverhouse	125 River road Extension Cos cob, CT (203) 622-0079	Jane Kramer & Peg Drenckh pegd@gadc.org	Meets every other Thursday @ 10:30 am Alzheimer's Support Group
Center For Hope	590 Post Road Darien, CT (203) 655-4693	www.centerforhope.org	Call for schedule. For caregivers whose spouse or parent has debilitating or chronic illness.
Grasmere Eldercare Center	240 Colony Road Fairfield, CT (203) 259-6699	Courtney Luttrell & Eileen Walsh www.fairfieldct.org	Meets on the last Friday of the month @ 1:00-2:00 pm. Alzheimer's Support Group
Grasmere by the Sea Adult Day Services	One Post Road Fairfeild, CT (203) 365-6470	Mike Hebert, MSW mhebert@jhe.org	Meets on the 1 <sup>st</sup> Thursday of Month from 4:00-5:00 pm Alzheimer's Support Group
Jewish Home for the Elderly- Adult Day Suite	175 Jefferson Street Fairfield, CT (203) 365-6469	Donna Lange dLange@jhe.org	Meets on the 1 <sup>st</sup> Thursday of the month @ 4:00 pm. Alzheimer's Support Group
Family Centers Friendly Connections Program	20 Bridge Street Greenwich, CT (203) 661-8841	www.familycenters.org	Telephone support group for caregivers of older adults with disabilities.
The Greens at Greenwich	1155 King Street Greenwich, CT (203) 531-5500	Sherry Dey & Pat Cantrell	Meets on the 2 <sup>nd</sup> Wednesday of the month @ 5:30-6:30 pm. Alzheimer's Support Group
Greenwich Adult Day Center	70 Parsonage Road Greenwich, CT (203) 622-0079	Jane Kramer	Meets every Tuesday @ 11:00- 12:30 pm. Early stage couples. Alzheimer's Support Group
Greenwich Adult Day Center	70 Parsonage Road Greenwich, CT (203) 622-0079	Jane Kramer & Peg Drenckhahn pegd@gadc.org	Meets every other Thursday @ 10:30 am.
Greenwich Hospital Center for Healthy Aging	Watson Pavilion 3 <sup>rd</sup> floor 5 Perryridge Road Greenwich, CT (203) 863-4375	Roni Lang Ronil@greenhosp.org	Meets on Thursday afternoons. Spousal group, family caregiver group, adult children group – call for pre-screening.
Greenwich Hospital – Bendheim Cancer Center	77 Lafayette Place Greenwich, CT (203) 863-3700	www.greenhosp.org	Meets on the 1st Monday of the month @ 6:30 pm.
Jewish Family Services of Greenwich	One Holly Hill Lane Greenwich, CT (203) 622-1881	mail@jfsgreenwich.org	Hebrew, Russian & Yiddish spoken.
Monroe Senior Center	235 Cutlers Farm Road Monroe, CT (203) 454-3771	Kim Cassia	Meets on the 1 <sup>st</sup> Wednesday of the month @ 2:30 pm. Alzheimer's Support Group
Waveny Care Center	3 Farm Road New Canaan, CT (203) 594-5200	Ilene Sumberg, MSW, LCSW Sarah Ruggiero, MSW lsumberg@waveny.org	Meets on the 2 <sup>nd</sup> & 4 <sup>th</sup> Tuesday of the month @ 1:45-2:45 pm. Alzheimer's Support Group
Cancercare	120 East Avenue Norwalk, CT (800) 813-4673	info@cancercare.org	Online & telephone support groups.

Norwalk Senior Center	11 Allen Road	Jean Northup	Meets on the 1st Thursday of
	Norwalk, CT	· · · · · · · · · · · · · · · · · · ·	the month @ 11:00 am.
	(203) 853-7234		Alzheimer's Support Group
Elderhouse	7 Lewis Street	Sally Harding	Meets on the 1st Monday of
	Norwalk, CT	, o	the month @ 12:00-1:00 pm.
	(203) 847-1998		Alzheimer's Support Group
First Congregational Church	Park & Lewis Street	Doris McKee	Meets every Tuesday of the
of Norwalk on the Green	(Library)	dmckl.l@juno.com	month @ 11:00-12:00 pm.
	Norwalk, CT		Alzheimer's Support Group
	(203) 847-9539		11 1
Mid-Fairfield Hospice	761 Main Avenue	info@visitingnurse.net	Call for schedule and to register
_	Norwalk, CT	_	_
	(800) 898-4663		
Jewish Community Center	1035 Newfield Avenue	Amy Hollander	Meets on the 2nd Tuesday @
_	Stamford, CT	ahollander@stamfordjcc.org	3:00 pm & the 4 <sup>th</sup> Tuesday
	(203) 487-0983		From 6:00-7:00 pm.
			Alzheimer's Support Group
Jewish Community Center	1035 Newfield Avenue	Eugene Conrad	Men's Support Group
	Stamford, CT		Meets 2x/month – call for
	(203) 323-6649		Schedule.
Tully Health Center	32 Strawberry Hill court	Carol Piscetelli	Meets on the 2 <sup>nd</sup> Wednesday of
	Stamford, CT		the month from 12:00-1:15 pm.
	(203) 912-7119		Alzheimer's Support Group
Atria Stratford	6911 Main Street	Mary Underwood	Meets on the 1st Wednesday of
	Stratford, CT		The month @ 6:00 pm.
	(203) 380-0006 x31		Alzheimer's Support Group
Lord Chamberlain	7003 Main Street	Barbara Jarmon	Meets on the 1st Monday of the
	Stratford, CT		month @ 5:00 pm.
	(203) 375-5894		Alzheimer's Support Group
Stratford Senior Services –	1000 West Broad Street	Kerri McManama	Meets on the 3 <sup>rd</sup> Tuesday of the
Baldwin Center	Stratford, CT		month from 3:00-4:30 pm.
	(203) 385-4055		Alzheimer's Support Group
Sunset Shores Adult	720 Barnum Ave. Cutoff	Sue Secondi &	Meets on the 2 <sup>nd</sup> Wednesday of
Day Center	Stratford, CT	Carol Crimi	the month @ 4:00 pm.
	(203) 380-1228	Ssecondi@cteldercare.com	Alzheimer's Support Group
Middlebrook Farms	2750 Reservoir Avenue	Amy McKenna,	Meets on the 4 <sup>th</sup> Wednesday of
	Trumbull, CT	Jennifer Gillis or Gail Ondy	the month @ 1:30-3:30 pm.
	(203) 268-2400		Alzheimer's Support Group
Trumbull Senior Center	23 Priscilla Place	Gail Ondy	Meets on the 2 <sup>nd</sup> Wednesday
	Trumbull, CT		of the month @ 1:30 pm.
	(203) 452-5134		Alzheimer's Support Group
Jewish Family Service	431 Post Road East, Ste 11	www.ctjfs.org	Call for schedule and to register
of Stamford	Westport, CT		
	(203) 454-4992		
The Greens at Cannondale	435 Danbury Road	Eleanora Tornatore-Mikesh	Meets on the 1st Tuesday of the
	Wilton, CT		Month @ 3:30 pm.
	(203) 761-1191		Alzheimer's Support Group

#### **SOUTH CENTRAL REGION**

Organization	Address/Phone	Contact Person	<b>Support Group Info.</b>
The Hearth at Gardenside	173 Alps Road Branford, CT (203) 483-7260	Linda Abbagnaro	Meets on the 4 <sup>th</sup> Monday of the month @ 6:00 pm. Alzheimer's Support Group
Orchard House	421 Shore Drive Branford, CT (203) 481-7110	eastregional@sbcglobal.net	Meets twice/mo @ 10:30 am. Call for schedule.

[77] X7']] + 34 ' ' 2 D ' +	0 11 01 D.	D 1 T	M I II and D I C
The Village at Mariner's Point	111 South Shore Drive East Haven, CT (203) 467-0067	Brenda Lopes	Meets on the 2 <sup>nd</sup> Friday of the month from 11:30-1:30 pm. Alzheimer's Support Group
VNA Community Healthcare	753 Boston Post Rd Guilford, CT 06437 (203) 458-5950	JoAnn Begley jbegley@vna-commh.org	Parkinson's Group in Guilford; Memory Impairment Group in Old Saybrook; Family Caregiver Group in No. Haven – call for hours.
Arden Courts of Hamden	153 Leeder Hill Drive Hamden, CT (203) 281-5700	Erin Hall	Meets on the 3 <sup>rd</sup> Wednesday of the month @ 6:00-7:00 pm - Alz. Support Group. 3rd Tuesda @ 5:30-6:30 pm -Early Onset C.G. Group. 3 <sup>rd</sup> Thursday from 12:00-1:00 also
Atria Larson Place	1450 Whitney Avenue Hamden, CT (203) 248-8880	John Ardolino	Meets on the 1 <sup>st</sup> Monday of the month @ 6:30-7:30 pm. Alzheimer's Support Group
Harborside Health Care – Arden House	850 Mix Avenue Hamden, CT (203) 285-1060	Tiffany Burnham	Meets on the 2 <sup>nd</sup> Thursday of the month @ 5:00-6:00 pm. Alzheimer's Support Group
Clelian Adult Day Center	261 Benham Street Hamden, CT (203) 288-4151	Ron Bowen/Sharon Albone	Meets on the 4 <sup>th</sup> Thursday of Month @ 7:00 pm Alzheimer's Support Group
Maple Woods at Hamden	35 Hamden Hill Drive Hamden, CT (860) 230-1777 x14	Maria Tomasetti	Meets on the 3 <sup>rd</sup> Wednesday of the month @ 9:30-11:30 am Caregiver Support Group
East Shore Well Spouse Support Group	Madison, CT (203) 676-5056	Gail Gallagher or Phillip Smith east.shore.ct.wsa@gmail.con	Meets on the 1 <sup>st</sup> Monday of Month @ 7:00 pm. For spouses & partners of chronically ill & disabled.
Strong House ADC	546 Durham Road Madison, CT (203) 245-0524	Diane Fisher, MSW	Meets on the last Monday of the month @ 1:30 pm. Alzheimer's Support Group
Village at Kensington Place	511 Kensington Avenue Meriden, CT (203) 467-0067	Brenda Lopes	Meets on the 3 <sup>rd</sup> Tuesday of the month @ 7:00 pm. Free respite care available. Alzheimer's Support Group
Milford Hospital	2047 Bridgeport Avenue Milford, CT (203) 396-1086	Erena Fitzgerald	Meets on the 1 <sup>st</sup> Monday of the month @ 6:30 pm. Alzheimer's Support Group
Mary Wade Home	118 Clinton Avenue New Haven, CT (203) 562-7222 x131	Tracy Gilbert tgilbert@marywade.org	Meets on the 1 <sup>st</sup> Wednesday of the month @ 6:00 pm w/dinner Alzheimer's Support Group
Yale University – Yale Alzheimer's Disease Research Unit	1 Church Street Suite 600 New Haven, CT (203) 764-8100	Theresa Hofmeister	Meets on the 1st Tuesday of the month @ 1:15 pm. Alzheimer's Support Group
American Parkinson Disease Association	27 Allendale Drive North Haven, CT (203) 288-0546	www.ctapda.com	For caregivers and care recipients with Parkinsons's Disease.
Lower Naugatuck Valley Well Spouse Support Group	Confidential Address Seymour, CT (203) 888-3541	picardow@yahoo.com	Meets on the 4 <sup>th</sup> Wednesday of the month @ 6:30 pm – for spouses & partners of chronically ill & disabled.
Gardner Heights	172 Rocky Rest Road Shelton, CT (203) 924-6251	Mike Hetsko Mh@hetsko.com	Meets on the 2 <sup>nd</sup> Wednesday of the month @ 7:00 pm. Alzheimer's Support Group

Masonic Healthcare Center	22 Masonic Avenue Wallingford, CT (203) 679-6581 or (203) 679-6369	Beverly Bryda & Gail Kallinich	Meets on the 1 <sup>st</sup> Monday of the month @ 1:15 pm. Alzheimer's Support Group
Regency House	181 E. Main Street Wallingford, CT (203) 265-1661	Theresa Mowry	Meets on the 1 <sup>st</sup> Wednesday of the month @ 4:30-5:30 pm. Alzheimer's Support Group
Visiting Nurse Association	135 North Plains Industrial Road Wallingford, CT (203) 269-1475	correspondence@vna wallingford.org	Call for schedule and to register French, Polish & Spanish spoker
Brighton Gardens	330 Amity Road Woodbridge, CT (203) 389-2911 x224	Laura Hendricks	Meets on the 3 <sup>rd</sup> Monday of the month @ 4:00-5:00 p,. Alzheimer's Support Group
Coachman Square at Woodbridge	21 Bradley Road Woodbridge, CT (203) 397-7544 x307	Bea Gawlak	Meets on the 1 <sup>st</sup> Wednesday of The month from 12:00-1:00 pm Alzheimer's Support Group

Please contact Erin Soli at <a href="mailto:erin.soli@ct.gov">erin.soli@ct.gov</a> with updated support group information.